

## #6 PROJECTS AND GOALS

**Learning outcomes:** to learn how to plan the achievement of a future goal.

ASSET	CONTENT	TIME	MATERIAL
Seated in circle	Each participant will receive a flipchart representing an empty road. The youth worker will ask to all of them of thinking about one of their main goals for the future and try to identify 3 or 4 stops that lead them to the final point. (“draw also yourself on the road”)	15 min	Pens, paper, colours, flipchart representing a road, glue
-	The group will now share their art pieces to the others.	10 min	Sellotape

The trainer will ask to the participants about their feelings in sharing their dream and which difficulties they faced trying to identify the main steps to reach the goal. Altogether they will also reflect about the importance of divide a huge goal in several smaller, baby steps in order to make it more achievable and concrete.

Example:



